

"Never be afraid
to fall apart
because it is an
opportunity to
rebuild yourself
the way you wish
you had been all
along."

-Rae Smith
THELOVEYOURSELFCHALLENGE.TUMBLR.COM

SET
GOAL

MAKE
PLAN

GET
TO
WORK

STICK
TO IT

REACH
GOAL



IF THERE IS NO
STRUGGLE,

.....

THERE IS NO
PROGRESS.

~FREDERICK DOUGLASS



In Your Journal...

Create a new journal entry labeled:

#10: My Goals for the 2nd 9 weeks

Reflect on the first 9 weeks of this academic semester and how you have been succeeding or otherwise in your studies. How can you change the trajectory that you have created thus far in order to create positive change for the new 9 weeks? What kinds of things can you do differently in order to achieve your academic goals? Write one whole page with at least 5 *actionable* steps that you can take to see the change you wish to accomplish. Address all subject areas, not just English.

Things To Think About...

As you write your journal entry, there are quite a few things that you should think about before you delve into goal-setting for yourself. You should follow the SMART model as seen to the right in order to make effective, lasting goals to help keep you on track.



In Your Journal... #11

Reflect on the goal setting exercises that I have been completing for the past two days. Think about how your academic goals are going to affect where you would like to be in 3 years (i.e. the year after you graduate high school. Then, make a list of 5 places that you would like to attend for post-secondary education (colleges, universities, military, work force, etc.) Then write a one page reflection on your list.

YOUR

FUTURE

IS CREATED BY

WHAT YOU DO

TODAY

not

TOMORROW

Robert Kiyosaki

**THE BEST THING
ABOUT THE
FUTURE
IS THAT IT COMES ONLY
ONE DAY AT A TIME.**

~Abraham Lincoln

Let's Differentiate...

As you start to conduct research on your college/university of choice, you must thoroughly answer the following questions:

- ***What type of college is it?***
- ***What is the enrollment?***
- ***Is it urban or rural?***
- ***What are the admission requirements? (SAT/ACT scores?)***
- ***What are the tuition costs?***
- ***What type of major might you pursue at this college?***
- ***What is a description of this major?***
- ***What skills are necessary to be successful in this major?***
- ***What high school courses are needed for this major?***
- ***What courses does one take at college to fulfill this major?***
- ***What is the study/workload like for this major?***
- ***What career might one go into with this major?***
- ***What are the viewpoints of current students in this major?***
- ***What questions would you ask a college admissions counselor?***
- ***What other majors relate to this major?***

Matchmaker...

<https://bigfuture.collegeboard.org>

<https://www.unigo.com>

<http://www.educationplanner.org/students/self-assessments/index.shtml>

<http://www.usnews.com/education/best-colleges/right-school/choices/articles/2008/08/21/college-personality-quiz>

<http://www.forbes.com/top-college-quiz/>

Culminating Project

In addition to writing a paper based on your research, you will also create a visual element.

Visual – Your visual must clearly present information on both your career and your college. Some suggestions are:

- Brochure/Pamphlet
- Poster/Collage
- Power Point
- Photo and Informational Album