

“Why Cell Phones Should Only Live in the School Cafeteria”

1. Introduction
 - a. Hook- Personal Anecdote about how every single day I walk down to the main office of FAHS and say hello to every single student I see in the hallway. Seldom does anyone respond to me because they are all too focused on their screens
 - b. Cell phones should only be allowed in the school cafeteria

2. Reasons Why Cell Phones Should Only be permitted in the cafe
 - a. Distraction from academic and instructional time
 - b. Discipline issues and referrals
 - c. Increased levels of anxiety and depression with overuse of social media and cell phones
 - d. Decreased levels of self-esteem among students who overuse cell phones
 - e. Increased instances of cyber-bullying and threats of danger
 - f. Interferes with creating a positive school community and culture

3. Conclusion
 - a. Wrap-up of topic
 - b. Reiterate my position of why cell phones shouldn't be allowed in school other than the cafeteria

Other Ideas I want to include in my speech:

-list of other schools that disallows cell phones in classes, hallways, restrooms, etc.